Manchester Health and Wellbeing Board Report for Information

Report to: Manchester Health and Wellbeing Board – 10 June 2015

Subject: Implementation Plan for Public Health Services

Report of: Director of Public Health

Summary

Following the conclusion of the consultation on the Council Budget options the report provides an overview of the plans to redesign a number of public health services in Manchester.

Recommendations

The Board is asked to note the report

Board Priority(s) Addressed:

Health and Wellbeing Strategy priority	Summary of contribution to the strategy
Getting the youngest people in our	The redesign of public health services will
communities off to the best start	impact positively on all eight strategic
Educating, informing and involving the	priorities
community in improving their own	
health and wellbeing	
Moving more health provision into the	
community	
Providing the best treatment we can to	
people in the right place at the right	
time	
Turning round the lives of troubled	
families	
Improving people's mental health and	
wellbeing	
Bringing people into employment and	
leading productive lives	
Enabling older people to keep well and	
live independently in their community	

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Background documents (available for public inspection):

The following documents disclose important facts on which the report is based and have been relied upon in preparing the report. Copies of the background documents are available up to 4 years after the date of the meeting. If you would like a copy please contact one of the contact officers above.

Reports to Council Executive, 13 February 2013:

Children and Families Budget Options Consultation-Drug and Alcohol Services (Agenda item 5f)

Children and Families Budget Options Consultation- Wellbeing Services (Agenda item 5g)

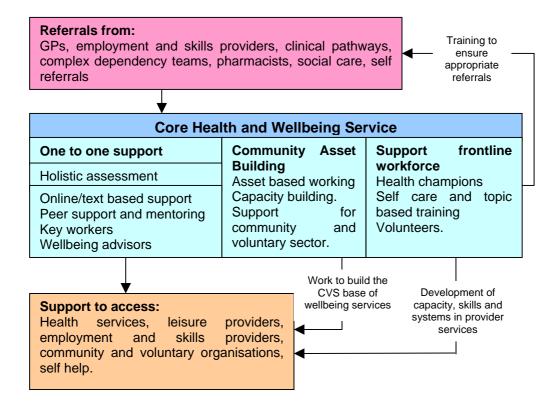
1. Introduction

- 1.1 Following the conclusion of the City Council's Budget Options Consultation, this report provides a brief summary of the proposed service models and next steps in relation to the following public health consultation themes:
 - Wellbeing Service
 - Drugs and Alcohol Services
- 1.2 A further report for information will be provided to the July 2015 Board that covers the other themes from the consultation: children's public health services, sexual health services, physical activity services, community nutrition services, falls prevention services, NHS health checks.

2. The Wellbeing Service

- 2.1 The Wellbeing Service will be a critical part of the city's health and social care system and the priorities for the new service are:
 - That it supports people of working age towards employment and addresses barriers to work; working jointly with other agencies who are also addressing this priority for the City;
 - That it is a core component of preventing mental ill health and promoting emotional resilience;
 - That it is an integral part of Living Longer, Living Better and a core component of pathways for long term conditions, supporting prevention, rehabilitation/recovery and self care;
 - That it will promote independence and resilience at individual and community level;
 - That it takes a whole families approach working with individuals in the context of their wider circumstances (becoming better able to respond to a wide range of issues including housing, debt management and social isolation, especially in older people);
 - That it improves access to other services that support health and wellbeing for more socially disadvantaged groups;
 - That it develops a workforce that can support behaviour change and enable people to self care and in doing so become more independent;
 - That it **develops and supports community networks** to build resilience and reduce isolation;
 - To support carers to improve their wellbeing;
 - To **provide prevention services** as part our statutory obligation under the Care Act 2014:

2.2 Overall Model



The high level outcome measures for the Wellbeing Service include:

- Increasing life expectancy
- Reducing the gap in life expectancy between Manchester and England
- Reducing the premature mortality rate from diseases considered preventable
- Supporting people back to work

Key performance indicators for the different elements of the service will be contained within the service specification.

2.3 Next Steps

Following the report to the Council Executive on 13 February 2015 (Children and Families Consultation- Wellbeing Services), the proposal to set up a Transformation Board between the Council and Manchester Mental Health and Social Care Trust has now been taken forward. The Board met for the first time on 15 May 2015 and will oversee the implementation of the new Wellbeing Service within the agreed budget, working to a completion date of January 2016 for the new service to be in place.

3. Drugs and Alcohol

3.1 Commissioners began reviewing alcohol early intervention and treatment services early in 2014, this work was then subsumed into a wider review, initiated in the summer of 2014, of how all public health (including alcohol and drugs) and other resources are invested to a) support public sector reform in the

city and city region, and b) improve the health and wellbeing of Manchester residents.

- 3.2 The outcome of this review was a proposal to integrate the alcohol and drug early intervention and treatment systems for adults. This proposal was included in the MCC budget options consultation, and there was widespread support to:
 - Redesign alcohol and drugs early intervention and treatment provision and re-commission these as an integrated service
 - Rebalance relative investment in alcohol and drugs to increase alcohol treatment capacity
 - Incorporate the following key elements in the integrated service: targeted prevention and early intervention, access and engagement, clinical treatment, and recovery support
 - Review arrangements for working with alcohol and drug users in primary care settings
 - Review young people's substance misuse services and explore options for integrating with other health services for young people
- 3.3 One of the key drivers of the redesign is to ensure that there is a greater focus on the priorities of complex dependency, supporting people into work, early help, and health and social care integration. This is reflected in the June 2015 Health and Wellbeing Board report on Complex Dependency and Troubled Families.

3.4 Overall model

A representation of the intended model of service delivery is provided is Appendix 1

The high level outcome measures include

- Increasing life expectancy
- Reducing the gap in life expectancy between Manchester and England
- Reducing the premature mortality rate from diseases considered preventable
- Reducing alcohol-related admissions to hospital
- Reducing dependence/increasing independence
- Increasing early help and intervention
- Increasing resilience in communities

The specific outcomes for the integrated alcohol and drug system and its service users will include:

- Recovery from alcohol and drug dependence (including successful treatment completion)
- Improved physical and mental health and wellbeing
- Reduced alcohol and drug-related offending and re-offending
- Improved ability to obtain and sustain suitable accommodation
- Improved ability to obtain and sustain suitable education, training and employment
- Improved relationships and social functioning
- Improved parenting capacity (where appropriate)
- Increased resilience and independence

3.5 Next Steps

The overview timeline for the next steps of the process is:

- Service model development including stakeholder, service user and market engagement April/ May/ June 2015
- Members of the Council have been invited to be part of a Members Task and Finish Group to inform the redesign of this integrated service and the Wellbeing Service referred to in section 2-June 2015
- Open tender process and decisions/ contract award Late June to September 2015
- Implementation/ mobilisation/ handover September to December 2015
- Integrated alcohol and drug treatment service in place January 2016

Appendix 1 (PROPOSED INTEGRATED ADULT ALCOHOL AND DRUG TREATMENT SYSTEM)

